

# KOSHO / SERAK SEMINAR

HOSTED BY: ADRIAN WILLIAMS OF THE KAIZEN JUJUTSU CLUB

## HANSHI BRUCE JUCHNIK

OF



## SEI KOSHO SHOREI KAI

AND

## MAHA GURU HORACIO RODRIGUEZ

OF



## VDT INTERNATIONAL

### **Two Day Seminar**

Saturday May 14th, 2011

10:00 am - 5:00 pm EST

Sunday May 15th, 2011

10:00 am - 3:00 pm EST

**1 day - \$120 Pre-registration or \$145 at the door**

**2 day - \$180 Pre-registration or \$200 at the door**

*Kaizen Jujutsu Club*

602 Roosevelt Road Suite F  
Walkerton, IN 46574

*Call 219-789-0549*

[adrian@kaizenjujutsuclub.com](mailto:adrian@kaizenjujutsuclub.com)  
[www.kaizenjujutsuclub.com](http://www.kaizenjujutsuclub.com)

## INSTRUCTORS



10th Dan Kosho Ryu Kempo. Mr. Juchnik is the 22nd inheritor of Kosho Ryu Kempo from James M. Mitose. He currently serves as Director of the Sei Kosho Shorei Kai International and is the President of the Martial Arts Collective Society, a diverse group of leaders in the martial arts world. Mr. Juchnik has devoted tremendous energy in building unity in the martial arts, bringing together leaders of dozens of styles to further improve the community of martial arts. Hanshi produces an annual "Gathering" of masters from a myriad of martial arts styles, conducting training seminars and building friendship within the arts. Mr. Juchnik serves as President of the American Filipino & Indonesian Martial Arts Association Majut Payat.

Bruce Juchnik is versed in many styles of martial arts, including Tang Soo-do, Chaun Fa, Arnis, Eskrima, Gung-fu, Kuntao, Silat, as well as being a high ranking Black Belt in the Tracy's System of Kenpo. Bruce Juchnik founded the Sei Kosho Shorei Kai International (S.K.S.K.I.). The Kai was developed to carry on and preserve the teachings of James Masayoshi Mitose.

Bruce Juchnik worked with Mitose's first Black Belt, Professor Thomas S.H. Young from 1982 until the death of Professor Young in 1995 in order to better connect James Mitose's early teachings from Hawaii in the 1940s with the new teachings transmitted to Bruce Juchnik in the 1970s and 1980s. Thomas Young was an active participating member in Juchnik Hanshi's organization, the Sei Kosho Shorei Kai International (S.K.S.K.I.), until Professor Young's death.



### Sei Kosho Shorei Kai International

*Kosho Shorei Ryu Kempo* - *Kosho* literally means old pine tree. *Shorei* means school of encouragement. A traditional *ryu* is a school of thought pertaining to an art form. *Kempo* literally translates as "Fist Law."

A Japanese Buddhist priest meditated under an old pine tree around 1235 AD and received enlightenment, as he discovered universal laws and natural principles pertaining to our existence and the resolution of conflict. Sei Kosho Shorei Kai International encourages students to move toward this same enlightenment through studying natural law. The Kai is dedicated to the teachings of the late James Mitose.



Maha Guru Horacio Rodriguez is Maha Guru Pak Victor De Thouars' lineage holder in the art of Pentjak Silat Serak, and newly designated head of VDT Serak International. Guru Horacio is devoted to teaching and spreading the art of Serak.



### Pentjak Silat Serak®

*Pentjak* roughly translates as "choreographed movement." *Silat* means "fight." *Pentjak Silat*, then, means "choreography for fighting." Pentjak without the Silat would be dancing. Silat without the Pentjak would be brawling. Pentjak Silat comes from Indonesia, home to 4000 islands, the world's fourth largest population (200 million), 300 dialects, all major religions, and a rich history of high culture and constant tumult.

Indonesia has long been a proving ground for many of the prominent Indian, Chinese, and Indonesian systems that have survived the test of conflict. The island of Java is home to over 120 million people. This region has been a terrific breeding ground for realistic combative systems since pre-history. There are over 400 styles of Pentjak Silat currently practiced, and many of the earliest and most sophisticated come from Java.

The founder/creator of this formidable system was nicknamed "Pak Sera," and had the unique attributes of one arm ending at the elbow, and a clubbed foot. Versed in 9 different arts, 3 Chinese, 3 Indian, and 3 Indonesian, he created a system with a technical base tuned to his unique physiology that allowed him, and later his students, to effectively counter the dominant combatives of the region. The result was a system that allowed for maximal effectiveness with minimal athleticism. Serak was formulated in the early 1800's in West Java, and was selectively taught to Dutch Indonesian people of privilege prior to WWII.

Our Guru (Teacher) or MaHa Guru (Professor) is Victor deThouars, one of the last Javanese-born Dutch Indonesians the world will know. He is busy ensuring that the system of Serak will continue to be taught as it was in Java when he began his study before WWII.

## Accommodations

Kaizen Jujutsu Club is located in the small community of Walkerton, IN. Listed below are the nearest accommodations.

### **Swan Lake Golf Resort**

5203 Plymouth La Porte Trail

**Plymouth, IN 46563**

Phone: 800-582-7539

Reservations: 800-935-5616

[www.swanlakeresort.com](http://www.swanlakeresort.com)

(located 5.4 miles from KJC Walkerton, IN)

### **Candlewood Suites - South Bend Airport**

3916 Lincolnway West

**South Bend, IN 46628**

Phone: 574-968-1072

Reservations: 877-660-8543

[www.candlewoodsuites.com](http://www.candlewoodsuites.com)

(located 21.5 miles from KJC Walkerton, IN)

### **Potato Creek State Park**

Camping & Cabin Rentals

25601 St. Rd. 4, P.O. Box 908

**North Liberty, IN 46554**

Phone: 574-656-8186

[www.in.gov](http://www.in.gov)

(located 9.25 miles from KJC Walkerton, IN)

### **Holiday Inn Express**

2619 N Michigan Street

**Plymouth, IN 46563**

Phone: 574-936-2444

Reservations 800-315-2621

[www.hiexpress.com](http://www.hiexpress.com)

(located 9.1 miles from KJC Walkerton, IN)

### **Holiday Inn Express**

100 E Shore Court

**La Porte, in 46350**

Phone: 219-326-7900

[www.hiexpress.com](http://www.hiexpress.com)

(located 18.6 miles from KJC Walkerton, IN)

### **Best Western**

444 Pine Lake Avenue

**La Porte, in 46350**

Phone: 219-362-4585

[www.bestwestern.com](http://www.bestwestern.com)

(located 17.7 miles from KJC Walkerton, IN)

## **Registration Form**

To register, please contact Adrian Williams. You may submit this form by mail, email, phone or fax.

### **Kaizen Jujutsu Club**

Adrian Williams

602 Roosevelt Road, Suite F

Walkerton, IN 46574

Phone 219-789-0549 Fax 219-575-7953

[adrian@kaizenjujutsuclub.com](mailto:adrian@kaizenjujutsuclub.com) / [www.kaizenjujutsuclub.com](http://www.kaizenjujutsuclub.com)

**KOSHO / SERAK 2-day Seminar**

**Total \$ \_\_\_\_\_**

Name: \_\_\_\_\_

Credit Card Information:  Visa /  Mastercard

Address: \_\_\_\_\_  
\_\_\_\_\_

Name on Card: \_\_\_\_\_

Number: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Exp Date: \_\_\_\_\_ 3 Digit Sec. Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Signature: \_\_\_\_\_

Cellular Phone: \_\_\_\_\_

Date: \_\_\_\_\_